## IN THE CLAIMS

Please cancel claims 1-20, and add new claims 21-37 as follows:

- 21. A treadmill comprising:
  - a support structure;
- a tread base rotatably attached to the support structure such that the tread base is selectively moveable between an operating position and a storage position; and
  - a gas spring connected between the support structure and the tread base.
- 22. The treadmill of claim 21, wherein the tread base includes a continuous belt rotationally coupled to the tread base and wherein the treadmill further comprises a motor mechanically coupled to the continuous belt for driving the continuous belt.
- 23. The treadmill of claim 22, wherein the tread base has a front end and a rear end and wherein the tread base is rotatably attached to the support structure at a point adjacent the front end of the tread base.
- 24. The treadmill of claim 23 further comprising a flywheel mechanically coupled to the motor.
  - 25. A treadmill comprising:
    - a support structure;
  - a tread base rotatably attached to the support structure such that the tread base is selectively moveable between an operating position and a storage position; and

lift assist means, connected between the support structure and the tread base, for assisting a user in rotating the tread base between the operating position and the storage position.

- 26. The treadmill of claim 25, wherein the tread base includes a continuous belt rotationally coupled to the tread base and wherein the treadmill further comprises a motor mechanically coupled to the continuous belt for driving the continuous belt.
- 27. The treadmill of claim 26, wherein the tread base has a front end and a rear end and wherein the tread base is rotatably attached to the support structure at a point adjacent the front end of the tread base.
- 28. The treadmill of claim 27 further comprising a flywheel mechanically coupled to the motor.
  - 29. The treadmill of claim 25 wherein the lift assist means comprises a gas spring.
- 30. The treadmill of claim 25 wherein the lift assist means comprises a pneumatic cylinder.
- 31. A treadmill comprising a tread base rotatably attached to a support and a gas spring connected between the tread base and the support for providing an upward force to assist a user in rotating the tread base between an operating position and a storage position.

- 32. The treadmill of claim 31, wherein the tread base includes a continuous belt rotationally coupled to the tread base and wherein the treadmill further comprises a motor mechanically coupled to the continuous belt for driving the continuous belt.
- 33. The treadmill of claim 32, wherein the tread base has a front end and a rear end and wherein the tread base is rotatably attached to the support at a point adjacent the front end of the tread base.
- 34. The treadmill of claim 33 further comprising a flywheel mechanically coupled to the motor.
- 35. The treadmill of claim 31, 32, 33 or 34 further comprising a latch for selectively securing the tread base to the support when the tread base is placed in the storage position.
- 36. The treadmill of claim 31, 32, 33 or 34 further comprising inclination means coupled to the tread base for selectively varying the inclination of the tread base.
- 37. The treadmill of claim 36 wherein the inclination means comprises feet rotatably coupled to a rear end of the tread base for selectively varying the inclination of the tread base.